

Starbeck Swimming Pool Programme

Monday 23rd December to Sunday 29th December 2024

	7.30 am	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9	9.30 pm
Monday	Lane swim 7.30 - 8am	General swim 8 - 10am			*Family swim 10am - 12noon			Adult swim 12noon - 1.30pm			*Family swim 1.30 - 3pm			Adult swim 3 - 4pm			General swim 4 - 6pm			Lane swim 6 - 7pm		Adult swim 7 - 8pm							
Tuesday	Lane swim 7.30 - 8am	General swim 8 - 10am			*Family swim 10am - 12noon			Aquafit 12.10 - 12.55pm		Adult swim 1 - 2pm		CLOSED																	
Wednesday Christmas Day	CLOSED																												
Thursday Boxing Day	CLOSED																												
Friday	Lane swim 7.30 - 8am	General swim 8 - 10am			** Accessible swim 10.15 - 11.15am		Adult swim 11.30am - 1pm			General swim 1 - 2pm		*Family swim 2 - 3pm		Adult swim 3 - 4pm															
Saturday			Lane swim 8.30 - 9am	Adult swim 9 - 10am		*Family swim 10am - 12noon					General swim 12.10 - 2pm			Adult swim 2 - 3pm		*Family swim 3 - 4pm		<p>* For adults and children in a family group.</p> <p>** Please note the changing rooms are mixed for this session and may carry over into adjoining sessions.</p>											
Sunday				Adult swim 9 - 10am		***SEN session 10 - 11am		*Family swim 11am - 12.30pm			General swim 12.30 - 1.30pm		Adult swim 1.30 - 3pm			*Family swim 3 - 4pm		<p>*** SEN session is a new session for family and friends of children under 16, with Special Educational Needs.</p>											

Programme subject to change. We run an alternative programme during school term times.