

Ripon Leisure and Wellbeing Hub - The Jack Laughter Centre pool programme

Monday 30th December 2024 to Monday 6th January 2025

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm
Monday 30th December		Lane swim 7 - 9am			Family swim 9 - 11am				Lane swim 11.15am - 12.30pm			General swim 12.30 - 2pm				Rafts 2.15 - 3.45pm			CLOSED											
Monday 6th January		Lane swim 7 - 9am			Adult lessons 9 - 10am		Family swim 10 - 11am			Lane swim 11.15am - 12.30pm			General swim 12.30 - 3.45pm				Learn to swim 4 - 6pm			General swim 6 - 7pm		Lane swim 7 - 9pm								
Tuesday		Lane swim 7 - 8.30am			General swim 8.30am - 12.30pm						Family swim 12.30 - 2pm			CLOSED																
Wednesday New Years Day	CLOSED																													
Thursday	Lane swim 6.30 - 9am			Aquababes 9 - 10am		Family swim 10am - 12noon			General swim 12noon - 2pm				Rafts 2.15 - 3.45pm			General swim 4 - 6pm			Swim squads 6 - 9pm											
Friday	Lane swim 6.30 - 9am			Accessible swim 9 - 10am		Family swim 10am - 12noon			General swim 12noon - 2pm				Rafts 2.15 - 3.45pm			General swim 4 - 7pm			Lane swim 7 - 8pm											
Saturday		Lane swim 7 - 9am			General swim 9am - 12.30pm						Family swim 12.30 - 2pm				Fun session with inflatable 2.30 - 3.45pm			Party hire 4 - 5pm		Party hire/ Staff training 5 - 6pm		* 45 minute session available for members to book via the Active North Yorkshire app ** Special Education Needs and Disabilities session								
Sunday		Lane swim 7 - 9am			General swim 9am - 12.30pm						Family swim 12.30 - 2pm				Fun session with inflatable 2.30 - 3.45pm			Party hire 4 - 5pm		Party hire/ Staff training 5 - 6pm										

Programme subject to change. We run an alternative programme during school holidays.