

Pateley Bridge Leisure and Wellbeing Hub pool programme

Monday 23rd December to Sunday 29th December 2024

	7 am	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30 pm
Monday	Lane swim 7 - 7.45am	General swim 7.45 - 9.30am			Adult swim 9.30 - 11am			General swim 11am - 2pm					Family swim 2 - 3.45pm			General swim 4 - 6.30pm			Aquafit 6.45 - 7.30pm	Lane swim 7.30 - 8.30pm								
Tuesday	Lane swim 7 - 7.45am	General swim 7.45 - 9am		Aquacore 9 - 9.45am	* Social swim 9.45 - 11am			General swim 11am - 2pm					CLOSED															
Wednesday Christmas Day	CLOSED																											
Thursday Boxing Day	CLOSED																											
Friday ON	Lane swim 7 - 7.45am	General swim 7.45 - 9.30am			Aqua circuits 9.30 - 10.15am	Adult swim 10.15 - 11.30am			General swim 11.30am - 2pm					Family swim 2 - 3.45pm			CLOSED											
Saturday			Swim fit 8 - 9am		General swim 9am - 12noon					Family swim 12.45 - 2pm					We operate a no shoes policy in the changing area and on poolside. Shoe covers are available from reception. * Social swim - a gentle splash free session ** Family fun with small pool toys *** For children over 8 years													
SundayN			Lane swim 8 - 9am		General swim 9am - 12noon					Family swim 12.45 - 2pm																		

Programme subject to change. We run an alternative programme during school holidays.