

Junior membership consent form

Junior name:

Date of birth:

Membership number:

Exercise and equipment

I,
will adhere to the exercises and equipment shown by the during my induction and will seek advice from a wellness coach should I wish to be shown additional exercises and or equipment within the fitness suite.

Junior signature

Date

Behaviour policy

1. Other than personal belongings needed for your workout, we ask that all personal items are stored in the lockers in the changing rooms.
2. At busy times we ask that you be courteous to other gym users and limit your time on each piece of equipment
3. In line with our photography policy, we request that photographs are not taken in the facility without prior approval.
4. To ensure all users have an enjoyable experience we ask all members to be courteous to each other and refrain from using offensive language and behaviour whilst in the gym.
5. Please leave the equipment as you would expect to find it, wiped down and returned to its storage area.

6. For your safety, please ensure that you wear appropriate clothing and footwear when using the gym.
7. Only pin loaded resistance machine and free weight up to 14kg to be used when exercising.
8. Juniors must complete a gym induction with a wellness coach before using any equipment in the gym.
9. Juniors can only access the gym on their own at certain times, and they must pre book their gym sessions, so that we can safely supervise their visit.
10. Junior gym booking sessions are bookable on the Active North Yorkshire app, and take place on, weekday evenings, weekends and throughout the main school holidays.
11. Juniors can also attend the gym outside of these times under direct supervision of an adult member or PAYG customer (aged 18+).

Active North Yorkshire reserves the right to refuse entry or suspend memberships following any breaches of the above behaviour policy.

Consent by parent / guardian (junior memberships only)

I,

give consent for
to use the Active North Yorkshire facilities.

Parent / guardian signature

Date (dd/mm/yyyy)

For more information on privacy and how we use your data please take a look at our privacy notice at: www.northyorks.gov.uk/your-council/transparency-freedom-information-and-data-protection/privacy-notice