

Harrogate Leisure and Wellbeing Hub pool programme

Monday 23rd December to Sunday 29th December 2024

Main pool

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm
Monday	General swim 7 - 10am		Lane swim 10 - 11am		General swim 11am - 1.45pm				Fun session 2 - 3.30pm				General swim 4 - 9pm																	
	* Lane swim 6.30am - 1.45pm								* Lane swim 4 - 9pm																					
Tuesday	General swim 7 - 10am		Lane swim 10 - 11am		General swim 11am - 1.45pm				CLOSED																					
	* Lane swim 7am - 1.45pm																													
Wednesday Christmas Day	CLOSED																													
Thursday Boxing Day	CLOSED																													
Friday	General swim 7 - 10am		Lane swim 10 - 11am		General swim 11am - 1.45pm				Fun session 2 - 3.30pm				CLOSED																	
	* Lane swim 7am - 1.45pm																													
Saturday	Squads (half pool) 6.30 - 8.30am		General swim 8.30am - 1pm				Fun session 1.15 - 2.45pm				Party hire 3 - 4pm		CLOSED																	
	* Lane swim 7am - 1pm																													
Sunday	General swim 7am - 1pm				Fun session 1.15 - 2.45pm				Party hire 3 - 4pm		CLOSED																			
	* Lane swim 7am - 1pm																													

Programme subject to change. We run an alternative programme during school holidays. *45 minute session available for members to book via the Active North Yorkshire app.

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Activity pool

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm		
Monday													AquaFit 12.15 - 1pm				Fun session 2 - 3.30pm												Dive squads 5 - 8pm			AquaFit 8.15 - 9pm
Tuesday									General diving 10am - 12 noon				CLOSED																			
Wednesday Christmas Day	CLOSED																															
Thursday Boxing Day	CLOSED																															
Friday													AquaFit 12noon - 12.45pm				Fun session 2 - 3.30pm	CLOSED														
Saturday															Fun session 1.15 - 2.45pm			Party hire 3 - 4pm	CLOSED													
Sunday											Dive squads 11am - 1pm			Fun session 1.15 - 2.45pm			Party hire 3 - 4pm	CLOSED														

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Learner pool

	6.30 am	7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12 noon	12.30	1	1.30	2	2.30	3	3.30	4	4.30	5	5.30	6	6.30	7	7.30	8	8.30	9 pm				
Monday																																		
Tuesday																																		
Wednesday Christmas Day	CLOSED																																	
Thursday Boxing Day	CLOSED																																	
Friday																																		
Saturday																																		
Sunday																																		

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